

- **SUN., MAR. 1ST**
National Peanut Butter Lovers Day
\$5 Skrewball Peanut Butter Whiskey
Shots & \$7 Peanut Butter Old Fashioned

- **THUR., MAR. 5TH**
Four Roses Bourbon Tasting
5:30-7:30pm
\$6 Four Roses Manhattan & Old Fashioned

- **FRI., MAR. 6TH**
Grand Teton Brewing Pint Night 5:30-7:30pm
Glory Haze on draft with "Sweet Grass" APA & "208" Session Ale in cans
live music - Robert James 5:30-8:00pm

- **SAT., MAR. 7TH**
Two Towns Ciderhouse Tasting 12-2pm
Two Thorns Raspberry Rose Cider on draft & "Pacific Pineapple" in cans
live music - DMG - Deborah Michaels Gang 6:00-8:00pm

- **SUN., MAR. 8TH**
International Women's Day
\$5 Cosmo's & Skinny Margaritas for ALL Women ALL Day

- **MON., MAR. 9TH**
Happy 1st Birthday Talon Tap & Spirits Celebrate our birthday with us
and enjoy Happy Hour ALL DAY with \$3 Wells & \$4 Drafts

- **THUR., MAR. 12TH**
Odell Brewing Co. 5:30-7:30pm
Wolf Picker Experimental IPA on draft

- **FRI., MAR. 13TH**
Sawtooth & St. Chapelle Wine Tasting 5:30-7:30pm
Rose & Pinot Gris from Sawtooth Winery, Rose & Pinot Gris from Sawtooth Winery
live music - Kate Plaisted - Girl In The Garden 5:30-7:30pm

- **SAT., MAR. 14TH**
Lagunitas Brewing Company 12-2pm
Lagunitas IPA on draft with "Sumpin Easy" Lo-Cal Ale cans
National Pi Day
\$2.50 per slice of Pizza and/or \$5 combo with domestic draft beer
live music - Synergy Jazz 5:30-7:30pm

- **TUES., MAR. 17TH**
St. Patrick's Day
\$2 Green Beer & Guinness on draft. \$5 Jameson Irish Whiskey

- **THUR., MAR. 19TH**
Buck-A-Shuck Oyster Event 5:30pm-7:30pm, \$1 per Oyster and/or
Cooked Colossal Shrimp
Jeremiah Johnson Brewing Co 5:30-7:30pm

- **FRI., MAR. 20TH**
Batanga Tequila Tasting 5:30-7:30pm
\$6 Batanga Cocktails & Margaritas
live music - Red Light Challenge 5:30-8:00pm

- **SAT., MAR. 21ST**
Sawtooth Brewery 12-2pm
Tandem Double IPA on draft
live music - Smooth Avenue 6:30-8:30pm

- **FRI., MAR. 27TH**
Feel Good Friday!!
\$6 Martinis made with ANY Local Gin or Vodka
live music - Pamela DeMarche
5:30-7:30pm

- **SAT., MAR. 28TH**
Opening Day of
Major League Baseball
\$3.50 Pints of Draft Beers &
FREE Peanuts (with beer purchase)
ALL DAY
live music -
Barton & Bollar
5:30-7:30pm



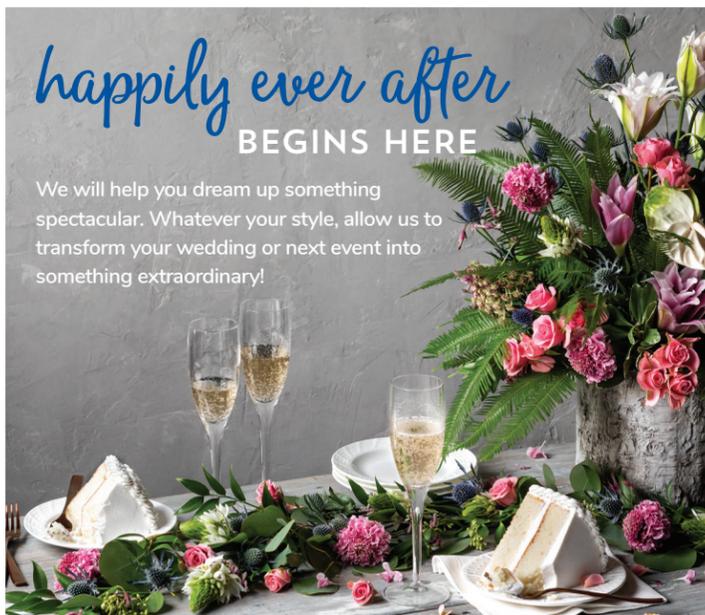
Talon

TAP & SPIRITS

{ MARCH EVENTS }

happily ever after BEGINS HERE

We will help you dream up something spectacular. Whatever your style, allow us to transform your wedding or next event into something extraordinary!



Phone: (208) 605-3752
Email: MarketStreet.Catering@Albertsons.com

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SERVICES

wellness CORNER

NUTRITION GUIDANCE
WITH MOLLY TEVIS, RDN, LD



March is National Nutrition Month!

Test your nutrition aptitude with this fun FACT or FICTION quiz!
Circle the correct answer.

1. A healthy eating style includes a limited number of foods or food groups. FACT or FICTION?
2. Vegetable oils are an appropriate substitute for solid fats. FACT or FICTION?
3. Physical activity must be done for at least 10 minutes in order for it to be considered beneficial as a form of exercise. FACT or FICTION?
4. Portion sizes and serving sizes are the same thing. FACT or FICTION?
5. It is recommended that calories from added sugars be limited to less than 10% of calories per day. FACT or FICTION?
6. Everyone needs the same amount of calories, which is 2,000 calories per day. FACT or FICTION?
7. Eating seafood at least twice a week is recommended for heart health. FACT or FICTION?
8. Skipping meals is the best way to lose weight. FACT OR FICTION?

Have nutrition inquiries of your own? Visit with our in-store Registered Dietitian to help answer your nutrition questions!

For nutrition guidance and consulting call
208-803-2206
and make your appointment today!

MARCH 2020



HAPPENINGS & EVENTS

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HAPPENINGS & EVENTS

MARCH 2020



Every Sunday - \$2 any pint with food purchase, Noon to 4pm
Every Monday - \$5 crispy chicken sandwich, All Day
Every Tuesday - 3 for \$5 street tacos, 4-7pm
Every Wednesday - \$2 Dot's Pretzels & Teton Chips, All Day
Friday Mar. 6th & 20th - .50¢ a wing, 3 varieties available 5:30-7:30pm
Every Saturday - \$5 Domestic Pint & Slice of Pizza, All Day

Talon

TAP & SPIRITS

CHECK OUT ALL MARCH EVENTS ON BACK

1 NATIONAL PEANUT BUTTER DAY!
 Come try our O Organics Peanut Butter being sampled in our grocery department from 2-4pm

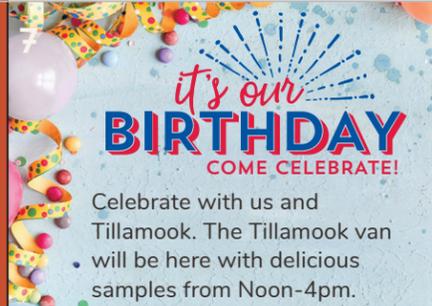


3 TACO TUESDAY
 Enjoy Street Taco Tuesday Special: 3 for \$5 Street Tacos at Talon with any drink purchase. Enjoy this special every Tuesday 4-7pm for the month of March.



5 FOUR ROSES BOURBON TASTING
 Visit our Lounge for \$6 Four Roses Manhattan & Old Fashioned!
 5:30-7:30pm

6 WING FLING
 Join us at Talon for three varieties of wings at .50¢ a piece from 5:30-7:30pm.
CHOCOLATE COVERED STRAWBERRIES
 Build your own pack of chocolate covered strawberries March 6-8! From 10am-6pm in our Produce Department



8
 Join our Produce Department for a 2-day event sampling our fresh strawberry shortcakes! Saturday & Sunday 10am-7pm

9 HANDS-ON-MOZZARELLA
 Make your own soft and chewy mozzarella!
 6pm, \$15. Sign-up at the Catering Desk!

10 NATIONAL MEATBALL DAY
 Visit our hot bar to partake in your fill for National Meatball Day!

11 REGISTERED DIETITIAN & NUTRITIONIST DAY
 Help us celebrate our in-store dietitian Molly Tevis! She's always available to help with your health and dietary questions!

12 NATIONAL PANCAKE DAY!
 Join Muscle Donut in our grocery department as they sample their pancakes from 2-4pm

13 SAWTOOTH & ST. CHAPPELLE WINE TASTING
 Enjoy local wines and live music in our lounge from 5:30-7:30pm!

14 LEARN TO COOK RUSSIAN!
 Join our Sous-Chef Oleg as he guides you through our Russian Cooking Class! 1pm, \$20; Sign-up at the Catering Desk!
NATIONAL POTATO CHIP DAY!
 Come sample local Teton Chips in the grocery department to celebrate.

15 TRY CHIZ'S DIPS!
 Stop in Saturday or Sunday and sample Chiz's dips, salsas or dressings from 9am-5pm



16 NATIONAL ARTICHOKE DAY
 Pick-up your fresh artichoke from our produce department! Also enjoy dishes in our kitchen featuring artichoke products in salad bar, Mediterranean bar, and hot bar.

17 FLORAL FOR ST. PATRICK'S
 Join our Floral Designers as they create fresh flower arrangements in shades of green!
 6pm, \$35. Sign-up at the Catering Desk!



19 BUCK-A-SHUCK EVENT
 It's back!! Our very popular Buck-a-Shuck is here again! Join us at Talon where we will be offering \$1 oysters with any drink purchase from the bar.
 Talon 5:30pm-7:30pm

20 WING FLING
 Join us at Talon for three varieties of wings at .50¢ a piece from 5:30-7:30pm.
BATANGA TEQUILA TASTING
 Enjoy \$6 Batanga Cocktails & Margaritas with Live music from 5:30-7:30pm!

21 SMORE'S TOUR STOP
 Games, Smore's and more! Come by and see the Smore's truck. 10am-5pm.
WINE & CHEESE PAIRING
 Taste some of our fine wines with our specialty cheese. 6pm, \$25. Sign-up at the Catering Desk!

22 BOISE BLEU
 Join our Produce Department as we sample Boise Bleu salad dressing from 10am-5pm!

23 NATIONAL CHIP AND DIP DAY
 Visit our Produce Department for sampling of our chips and dips! Made in-store, and delicious!
 Noon-4pm

24 CAKE DECORATING CLASS!
 Follow along as our Bakery Cake Designers teach your how to decorate your very own cake!
 6pm, \$25. Sign-Up at the Catering Desk!



27 FRENCH WINES 101 - UNLOCKING THE MYSTERY
 Bordeaux Wines, Learn how to read the label and what wines are in a Bordeaux Blend.
 6pm, \$25. Sign-Up at the Catering Desk!

28 HANDS-ON-MOZZARELLA
 Make your own soft and chewy mozzarella! 6pm, \$15, Sign-up at the Catering Desk!
GOOD VIBES KOMBUCHA
 Visit Good Vibes Kombucha in their outside van serving samples!

29 BACK TO BASICS
 Take part in our back-to-basics sauce class with our Sous-Chef Ginger!
 6pm, \$15. Sign-Up at the Catering Desk!

30 MICHAEL WALTRIP EVENT
 Join us at Talon for a special Michael Waltrip Event. Meet Michael and receive a signed Hero Card. Sampling of the Two-Time lager and ale will also be available.
 Talon 4pm-7pm



GLOBAL PEANUT TOPPERS!

Looking for inspiration to take your meals to the next level? Try our peanut topper recipes for more flavor and healthy boost to your meals! Stop by our dietitian demo table throughout the month to try a bite and pick up recipes you can create at home.