

Stuff the Buses!

FOOD DRIVE

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SAN DIEGO FOOD BANK SHOPPING LIST --

MOST NEEDED FOOD ITEMS:

- Canned Meats (tuna in water or chicken)
- Dry or canned beans (black, pinto, kidney / low sodium)
- Cereal (low sugar, whole grain, or bran)
- Rice (brown or wild rice)
- Nuts and seeds (unsalted almonds, flax seeds)
- Peanut butter (no sugar added)
- Canned soup (low sodium, low fat)
- Canned fruit (packed in its own juice) or dried fruit
- Canned vegetables (low sodium or no-salt added)
- Powdered milk (low or non-fat)
- Pasta (whole grain)
- Infant formula

We cannot accept any glass containers, or home-made foods.

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ALBERTSONS LOCATIONS FOR SAN DIEGO FOOD BANK SHOPPING

Chula Vista 723 3rd Avenue	Rancho Peñasquitos 7895 Highland Village Place
Clairemont 5950 Balboa Avenue	Rancho Peñasquitos/Rancho Bernardo 14340 Penasquitos Road
Escondido 1570 West Valley Parkway and 1509 East Valley Parkway	Rancho San Diego 2899 Jamacha Road
La Mesa 8920 Fletcher Parkway	San Carlos 8650 Lake Murray Blvd.
Lemon Grove 7090 Broadway	San Marcos 151 Woodland Parkway
Mira Mesa/Scriptps Ranch 10740 West View Parkway	Santee 9870 Magnolia Avenue
Oceanside 3450 Marron Road and 3926 Mission Avenue	Spring Valley 543 Sweetwater Road
	Terrasanta 10633 Terrasanta Boulevard

GIRL SCOUT LOCATIONS

Balboa Park
1231 Upas Street

Carlsbad
5315 Avenida Encinas

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